

Quality of different tropical fruit cultivars produced in the Lower Basin of the São Francisco Valley¹

Qualidade de cultivares de diferentes frutas tropicais produzidas no Submédio do Vale do São Francisco

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ABSTRACT - The present study evaluated the physical, physico-chemical and chemical characteristics of fruit from commercial cultivars of the mango, acerola, guava, atemoya and custard apple, produced in the Lower Basin of the São Francisco Valley. Fruit harvested in commercial areas of the region were evaluated for weight, length, diameter, colouration of the peel and pulp, firmness, pH, titratable acidity (TA), soluble solids (SS), SS to TA ratio, and levels of total soluble sugars, reducing sugars, starch and pectic substances. The data were subjected to descriptive statistical analysis. Fruits from cultivars of the guava (Paluma, Rica and Pedro Sato), the custard apple and atemoya display a high level of pectic substances, a characteristic which favours industrial use. In the mango, a high level of pectic substances was noted in fruit of the cultivars Kent, Espada, Tommy Atkins and Van Dyke. Fruits of the acerola cultivar Costa Rica show high SS content and a low AT, favouring consumption *in natura*.

Key words: Sensory characteristics. Postharvest. Tropical fruits.

RESUMO - O presente estudo avaliou as características físicas, físico-químicas e químicas dos frutos de cultivares comerciais de mangueira, aceroleira, goiabeira, atemoieira e pinheira produzidas no Submédio do Vale do São Francisco. Frutos colhidos em áreas comerciais da região foram avaliados quanto à massa, comprimento, diâmetro, coloração da casca e polpa, firmeza, pH, acidez titulável (AT), teor de sólidos solúveis (SS), relação SS/AT, teores de açúcares solúveis totais, açúcares redutores, amido e substâncias péticas. Os dados foram submetidos à análise estatística descritiva. Os frutos das cultivares de goiabeira (Paluma, Rica e Pedro Sato), da pinheira e da atemoieira apresentam alto teor de substâncias péticas, característica que favorece o aproveitamento industrial. Em mangueira, alto teor de substâncias péticas foi observado nos frutos das cultivares Kent, Espada, Tommy Atkins e Van Dyke. Os frutos da cultivar de aceroleira Costa Rica apresentam alto teor de SS e baixa AT, favorecendo o consumo *in natura*.

Palavras-chave: Características sensoriais. Pós-Colheita. Frutas tropicais.

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INTRODUCTION

Its continental size and the diversity of fruit available for consumption make Brazil a promising field for the expansion of fruit production. Whether for the local or regional market, or for export, the country is increasing its productive areas each year. Currently, Brazil is the third largest fruit producer after India and China. In 2012, the country exported 693,020,403 tonnes, achieving a turnover of US \$ 618,821,149.00 (ANUÁRIO BRASILEIRO DA FRUTICULTURA, 2013; INSTITUTO BRASILEIRO DE FRUTAS, 2012).

The fruit production hub of Petrolina in Pernambuco (PE) and Juazeiro in Bahia (BA), stands out as the major fruit producer in Latin America. According to data from the Development Company of the São Francisco and Parnaíba Valleys, the hub has about 120,000 hectares devoted to agriculture. Fruit production predominates, especially mango, grapes, banana, coconut, acerola, guava, custard apple and atemoya. About one million tonnes of fruit are produced annually in the region, 70% destined for the domestic market, more specifically the south-central region of the country. Approximately 30% of production however is for the export market, accounting for almost half the total Brazilian fruit exports of (BRASIL, 2010).

For fresh consumption, one of the most important crops is the mango, being produced in all states of the Northeast, particularly in irrigated areas, where high fruit yields and quality are achieved. This crop involves a large annual turnover in the domestic and foreign markets, guaranteeing its economic and social importance (XAVIER *et al.*, 2009).

The acerola is not normally a very attractive fruit for fresh consumption, as it generally presents an acid and astringent taste, is very perishable and deteriorates rapidly. However, the consumption of fresh acerola fruit may be stimulated through the availability of firmer, sweeter and less acidic varieties. It is recognized, however, that these characteristics are strongly influenced by climatic conditions and management of the orchards (RITZINGER; RITZINGER, 2011).

The guava is an excellent fruit for human consumption, given its high content of vitamin C, carotenoids, phenolic compounds and minerals, in addition to having low calorie content and good antioxidant potential (DURIGAN; MATTIUZ; MORGADO, 2009). It is widely cultivated in irrigated, semi-arid areas (FREITAS; ALVES, 2008). However, market expansion is subject to the regular supply of best-quality fruits with a greater postharvest life.

On a smaller scale of cultivation compared to the other fruits, production of the custard apple and atemoya has space in the market due to their specific characteristics. Compared to the custard apple, fruit of the atemoya has the advantage of a sweet, slightly acidic flavour and aroma, fewer

seeds and greater postharvest life (MOSCA; LIMA, 2003). Its introduction into the northeast is recent, with the Gefner cultivar predominating, being initially grown in the irrigation projects of the Lower Basin of the São Francisco Valley.

Regardless of the area of production, agricultural activity can only be strengthened through investment in technology that ensures the quality of the fruit and results in marketing differences and access to different consumer profiles. In this context, the present study aimed to evaluate the physical, chemical and physico-chemical characteristics of fruits of commercial cultivars of mango, acerola, guava, custard apple and atemoya, produced in the Lower Basin of the São Francisco Valley.

MATERIAL AND METHODS

The fruit harvested for the study were collected from orchards under commercial production in the Lower Basin of the São Francisco Valley, in the towns of Petrolina PE and Juazeiro BA ($09^{\circ}09' S$, $40^{\circ}22' W$, at an average altitude of 365.5 m). According to the Köppen classification, the climate in the region is of type Bswh, corresponding to very hot semi-arid. The annual rainfall is 571.5 mm with an average annual temperature of 26.4 °C, with an average minimum of 20.6 °C and average maximum of 31.7 °C (EMPRESA BRASILEIRA DE PESQUISA AGROPECUÁRIA, 2013).

Fruits were evaluated from cultivars of the mango (Van Dyke, Tommy Atkins, Haden, Kent, Palmer, Keitt, Espada and Rosa), acerola (Sertaneja, Okinawa, Costa Rica and Flor Branca), guava (Paluma, Rico and Pedro Sato), atemoya (Gefner) and custard apple.

Harvesting was carried out by hand in the early hours of the day, from March to October of 2009 depending on the fruit crop being studied.

The fruits of the mango, guava, custard apple and atemoyas were harvested at physiological maturity (maturation stage 'ready'). Once harvested, they were placed into cardboard boxes and transported to the Laboratory of Post-Harvest Physiology of Embrapa Semiárido in Petrolina PE, where they remained at room temperature (25.9 ± 1.7 °C and $66 \pm 5\%$ RH) until reaching the maturation stage required in this study (mature). For fruit of the acerola, the commercial maturation stage was adopted, characterised by a red colouration, typical of the ripe fruit, but still firm enough to withstand handling.

When the fruits of the mango, guava, custard apple and atemoya were ripe, they were divided into four replications, each made up of 20 fruits from each cultivar. For the acerola, four replications of 25 fruits were used for conducting physical tests, while for the physico-

chemical and chemical analyses, the same number of replications was used, each with a sample of 2 kg.

The variables analysed were: a) weight (g), determined with a semi-analytic balance, accurate to 0.1 g; b) length and diameter (cm), obtained with digital calipers; c) colouration of the skin and pulp, evaluated by reflectometer, using luminance (L), chroma (C) and hue (H); d) firmness of the pulp (N), measured by a manual penetrometer with an 8 mm diameter tip for the mango, guava and atemoya, and by a digital electronic texturometer with a 2 mm tip for the acerola; e) resistance of the custard apple pulp to compression (N), using a digital electronic texturometer with a P/75 pressure plate and measuring the force required to cause a 20% compression in fruit volume; f) level of soluble solids (°Brix), obtained with an ABBE digital refractometer having a scale of 0 to 65 °Brix, in accordance with the methodology recommended by the Association of Official Analytical Chemistry (1995); g) total soluble sugars, by the anthrone method, according to the methodology described by Yemn and Willis (1954); h) level of reducing sugars, extracted in distilled water and determined as per Miller (1959); i) pH, determined directly from the pulp, using a glass membrane potentiometer in accordance with the recommendation of the Association of Official Analytical Chemistry (1995); j) titratable acidity, determined by

titration with a 0.1 N NaOH solution, expressing the results as a percentage of malic acid for the acerola, and of citric acid for the other fruits; k) levels of SS to TA, obtained by the ratio between these two variables; l) starch content, determined according to a methodology described by Association of Official Analytical Chemistry (1995); and m) levels of pectic substances, extracted following a procedure described by McCready and McComb (1952). The physical variables were measured in all the fruits individually, and the physico-chemical and chemical variables by experimental plot, homogenizing the fruit that made up each sample prior to analysis.

The results underwent descriptive statistical analysis to get the mean and standard deviation for each characteristic in the fruit cultivar being analysed.

RESULTS AND DISCUSSION

As shown in Table 1, the fruits of the mango cultivars Tommy Atkins, Haden and Rosa presented weights which meet the standards required for export to the European market, that is from 300 to 450 g, while the first two, as well as Van Dyke, Kent, Palmer, Keitt and Rosa, satisfied the requirements of 250 to 600 g in force in the United States

Table 1 - Physical characteristics of fruits from different cultivars, produced in the Lower Basin of the São Francisco Valley (mean \pm SD, n = 80 for mango, guava, custard apple and atemoya, n = 100 for acerola)

Fruit	Cultivar	Weight (g)	Length (cm)	Diameter (cm)	Pulp firmness (N)
Mango	Van Dyke	280.24 \pm 14.57	9.67 \pm 0.14	6.84 \pm 0.09	7.70 \pm 0.41
	Tommy Atkins	533.68 \pm 19.61	11.80 \pm 0.16	8.98 \pm 0.16	9.45 \pm 0.46
	Haden	434.07 \pm 20.93	10.35 \pm 0.13	8.34 \pm 0.09	7.87 \pm 1.25
	Kent	565.52 \pm 37.88	11.62 \pm 0.42	8.98 \pm 0.86	6.71 \pm 2.49
	Palmer	515.83 \pm 29.46	13.05 \pm 0.27	8.14 \pm 0.18	8.22 \pm 1.18
	Keitt	505.08 \pm 24.56	12.80 \pm 0.26	7.74 \pm 0.11	5.06 \pm 0.38
	Espada	214.98 \pm 5.54	10.66 \pm 0.28	5.82 \pm 0.07	7.56 \pm 0.61
Acerola	Rosa	327.39 \pm 7.22	9.67 \pm 0.31	7.07 \pm 0.03	16.92 \pm 0.77
	Sertaneja	6.07 \pm 0.31	1.89 \pm 0.08	2.28 \pm 0.09	2.19 \pm 0.04
	Okinawa	9.88 \pm 0.58	2.35 \pm 0.08	2.70 \pm 0.06	2.62 \pm 0.32
	Costa Rica	7.64 \pm 0.23	2.08 \pm 0.04	2.41 \pm 0.05	2.38 \pm 0.07
Guava	Flor Branca	4.09 \pm 0.29	1.69 \pm 0.02	1.96 \pm 0.04	2.14 \pm 0.15
	Paluma	260.74 \pm 24.04	9.46 \pm 0.54	7.46 \pm 0.24	18.79 \pm 0.86
	Rica	203.23 \pm 32.22	8.51 \pm 0.60	6.88 \pm 0.36	12.23 \pm 1.25
Custard Apple	Pedro Sato	199.39 \pm 11.81	7.71 \pm 0.25	7.03 \pm 0.16	14.34 \pm 2.01
		182.38 \pm 4.66	6.60 \pm 0.05	7.44 \pm 0.16	8.79 \pm 1.25
Atemoya	Gefner	311.01 \pm 5.72	9.25 \pm 0.26	7.87 \pm 0.26	4.46 \pm 0.24

*No cultivars of the custard apple are available

(CORREIA; ARAÚJO, 2010). For dimension, the Palmer and Keitt cultivars showed the greatest lengths: 13.05 and 12.80 cm respectively. The largest diameters were seen in fruits from the cultivars Tommy Atkins (8.98 cm), Haden (8.34 cm), Kent (8.98 cm) and Palmer (8.14 cm), with these characteristics being peculiar to each cultivar.

Fruit of the Acerola cultivars Sertaneja, Okinawa, Costa Rica and Flor Branca (Table 1) presented a weight greater than 4 g, and length and diameter greater than 1.5 cm, the minimum required by the processing industries (INSTITUTO BRASILEIRO DE FRUTAS, 1995). For these fruits, dimension is a relevant feature, because the larger the fruit, the easier and faster the harvesting, requiring less labour and thus reducing production costs. For this feature, the Okinawa acerola stands out when compared to other the cultivars.

The fruits of the guava cultivar Paluma had the highest average values for weight, length and diameter compared to the others under study (Table 1). The cultivar Pedro Sato showed the smallest difference between length and diameter, having an oblong shape, while the Rica and Paluma cultivars were characterised by a pyriform shape.

Between the two *annonaceae* studied, the values for the weight and size of the fruit were lower in the custard apple, as shown in Table 1. For the Gefner atemoya, the observed values were similar to those reported by Pereira *et al.*, (2009), who evaluated the quality of bagged fruits during development on the plant. However, it is recognized that variations in the physical characteristics for these and other fruits arise in general from management practices and from determinant environmental conditions during the production cycle.

For firmness of pulp, the greatest values were seen in fruits of the mango cultivar Rosa, and guava cultivars Paluma, Pedro Sato and Rica (Table 1). This characteristic is of great importance in determining the quality of the fruit, as it has a direct effect on resistance to transport, conservation and attack by microorganisms (AWAD, 1993). The average figures found in the guava cultivars were higher than those obtained by Abreu *et al.* (2012), who reported a firmness of 3.0 N after the fourth day of storage at room temperature for the cultivar Pedro Sato.

The acerola cultivars Flor Branca, Sertaneja, Costa Rica and Okinawa displayed the lowest firmness among the fruits being analysed, which, given the management conditions and post-harvest technologies practised in the country, should be reflected in a shorter shelf life in relation to the remainder, hampering sale *in natura*. Araújo *et al.* (2009), working with the acerola clones Apodi, Cereja, Frutacor, II 47/1, Roxinha and Sertaneja, observed average values of 4.78, 4.50, 3.80, 4.05, 4.58 and 3.97 N respectively.

Fruit colouration is a quality attribute which is important in marketing, being recognised as a factor for

attracting the consumer. It therefore becomes important to characterise colouration for different cultivars and growing conditions, as well as to recognise the physiological factors and processes that modify it. It was found that fruits of the guava cultivars Pedro Sato, Rica and Paluma had the highest average values for luminance (Table 2). In these fruits, the average values for H in the peel close to 100 represent the yellow colouration of the three cultivars. These values were similar to those found by Abreu *et al.* (2012) in guava of the cultivar Pedro Sato stored at room temperature.

For mangoes from the cultivars Haden, Kent, Keitt, Espada and Rosa, the average values for H of the peel ranged from 94.45 to 113.44, characterising them as of yellowish colouration, while the cultivars Van Dyke, Tommy Atkins and Palmer presented an orange colour (Table 2). This colouration is related to the presence of carotenoids, which are the pigments responsible for most of the yellow and orange colours present in many fruits. High values for carotenoids are desirable because these compounds have antioxidant properties and are known to reduce the risk of development of degenerative diseases, such as cancer, cardiovascular disease, cataracts and macular degeneration (RODRIGUEZ *et al.*, 2006).

The values for H seen in the peel of the acerola cultivars ranged from 9.17 to 14.04, corresponding to a purplish-red colouration (Table 2). The red colouration reflects the content and distribution of anthocyanins in the tissue, the amount of chromoplasts that store these pigments, the formation of anthocyanin-metal complexes and the pH (CHITARRA; CHITARRA, 2005).

In the fruits of the *annonaceae*, where dark senescence spots develop in the peel very quickly, the values for C seen in this study, which are comparable to those of the guava and some mango cultivars, indicate a better appearance, due to the uniformity of colouration and absence of defects related to depigmentation, and a high potential for consumer acceptance (Table 2). However, in the pulp, values for C were lower than the general average, indicating a lower colour intensity (Table 3). Moreover, when compared to the other fruits, the custard apple and the atemoya displayed greater brightness of the pulp.

Among the mango cultivars, the fruits of Palmer and Espada stood out for having presented one of the greatest values for luminance and chroma of the pulp, indicating greater intensity and purity of colour, which may be a deciding factor in consumer preference. Liu *et al.* (2013), evaluating the physico-chemical and antioxidant properties of the four major mango cultivars grown in southern China (Tainong No 1, Irwin, Jin Hwang and Keitt), obtained values for L and C in the pulp higher than in the cultivars analysed in this study. The same authors found values for H in the pulp ranging from 81.97 to 82.29, characterising an orange colouration. For this characteristic there is a similarity with

most of the cultivars studied, with the exception of Kent (93.73) and Espada (95.11), which displayed a yellow colouration of the pulp (Table 3).

The acerola cultivars displayed an H of the pulp ranging from 58.13 to 75.37, reflecting the orange colouration of the four cultivars (Table 3). For the Paluma, Rica and Pedro Sato guava, the hues of the pulp were close to those obtained by Abreu *et al.* (2012) who, after eight days of storage of the cultivar Pedro Sato, found values of around 35 for this variable, corresponding to a red colouration.

Among the fruits under evaluation, the acerola cultivars Okinawa, Sertaneja, Flor Branca and Costa Rica were the ones with the greatest titratable acidity, and consequently the lowest average pH values (Table 4). Oliveira *et al.* (2012), who evaluated the fruit of five acerola clones at different stages of maturation, reported that the ripe fruit had average values of titratable acidity ranging from 1.24 to 1.81% malic acid, and a pH ranging from 3.38 to 3.50. These results are within the range seen in the present study.

As shown in Table 4, it was seen that the atemoya and custard apple displayed the highest levels of soluble solids (SS) among the fruits under study. Orsi *et al.* (2012) characterised the custard apple and atemoya as having average levels for SS of 22.0 and 25.1 respectively. Soluble solids consist of

substances that are dissolved in the fruit pulp, having sugars as the main constituents, and are a decisive factor in the acceptance of fruit, depending on the market.

Although the acerola showed the lowest levels of SS, with an average ranging from 7.3 to 8.7 °Brix, all the cultivars under analysis reached values that are compatible with export requirements (Table 4). These requirements correspond to a minimum level of 7.0 °Brix for Europe and 7.5 °Brix for Japan (RITZINGER; RITZINGER, 2011).

Among the mango cultivars, Palmer had the highest SS to TA ratio, followed by Van Dyke (Table 4). A result that may be explained by the higher levels of SS and lower titratable acidity in these cultivars. The SS to TA ratio indicates the degree of sweetness of the fruit or its product, giving information about the predominant flavour, whether sweet or sour or a balance of the two. According to Chitarra and Chitarra (2005), this ratio is one of the most used methods of evaluating taste, being more representative than the isolated measuring of sugars or acidity. SiSilva *et al.* (2012), studying the genetic diversity of 15 mango cultivars produced in the Forest Zone of the state of Minas Gerais, reported average values for this ratio of from 10.4 to 86.5 in the fruit, with the Extrema and Tommy Atkins cultivars respectively representing these limits.

Table 2 - Attributes of colour, L (luminance), C (chroma) and H (hue), of the peel of fruits of different cultivars produced in the Lower Basin of the São Francisco Valley (mean \pm SD, n = 80 for mango, guava, custard apple and atemoya, n = 100 for acerola)

Fruit	Cultivar	L	C	H
Mango	Van Dyke	47.72 \pm 0.27	37.90 \pm 0.35	87.83 \pm 0.88
	Tommy Atkins	41.74 \pm 1.00	26.53 \pm 1.99	86.65 \pm 1.87
	Haden	49.80 \pm 0.89	28.29 \pm 0.68	95.28 \pm 2.72
	Kent	39.55 \pm 2.19	17.17 \pm 4.22	112.76 \pm 3.61
	Palmer	38.86 \pm 0.56	33.58 \pm 0.75	87.62 \pm 1.44
	Keitt	31.55 \pm 0.74	32.16 \pm 1.62	113.36 \pm 1.42
	Espada	40.19 \pm 0.96	31.47 \pm 1.45	113.44 \pm 2.35
	Rosa	45.79 \pm 0.33	34.60 \pm 0.30	94.45 \pm 0.43
Acerola	Sertaneja	21.94 \pm 1.68	19.77 \pm 0.78	14.04 \pm 1.86
	Okinawa	23.68 \pm 0.31	22.33 \pm 1.10	12.05 \pm 1.95
	Costa Rica	20.48 \pm 0.51	16.36 \pm 0.29	10.12 \pm 0.30
	Flor Branca	21.65 \pm 0.54	16.50 \pm 0.97	9.17 \pm 2.89
Guava	Paluma	49.97 \pm 0.78	28.82 \pm 1.63	100.52 \pm 4.07
	Rica	49.45 \pm 1.04	27.68 \pm 1.82	101.42 \pm 0.66
	Pedro Sato	50.67 \pm 0.93	28.50 \pm 0.95	100.13 \pm 1.75
Custard Apple*		42.48 \pm 1.51	22.79 \pm 1.88	117.05 \pm 5.70
Atemoya	Gefner	42.27 \pm 0.46	32.34 \pm 0.61	111.76 \pm 2.02

*No cultivars of the custard apple are available

Table 3 - Attributes of colour, L (luminance), C (chroma) and H (hue), of the pulp of fruits of different cultivars produced in the Lower Basin of the São Francisco Valley (mean \pm SD, n = 80 for mango, guava, custard apple and atemoya, n = 100 for acerola)

Fruit	Cultivar	L	C	H
Mango	Van Dyke	33.78 \pm 0.76	29.78 \pm 2.93	82.61 \pm 5.29
	Tommy Atkins	40.59 \pm 1.11	28.30 \pm 3.12	84.97 \pm 1.89
	Haden	40.44 \pm 2.99	24.95 \pm 4.76	81.70 \pm 2.23
	Kent	41.17 \pm 1.83	26.44 \pm 5.33	93.73 \pm 7.77
	Palmer	42.95 \pm 1.55	40.11 \pm 2.00	89.06 \pm 2.76
	Keitt	38.00 \pm 2.46	33.94 \pm 3.61	88.73 \pm 4.16
	Espada	40.95 \pm 0.65	38.11 \pm 2.74	95.11 \pm 2.41
	Rosa	33.35 \pm 0.84	35.03 \pm 3.23	83.64 \pm 1.61
Acerola	Sertaneja	34.40 \pm 2.14	21.58 \pm 1.95	58.13 \pm 6.09
	Okinawa	36.56 \pm 0.82	18.03 \pm 0.44	75.37 \pm 6.21
	Costa Rica	34.25 \pm 1.15	18.47 \pm 0.72	59.79 \pm 4.52
	Flor Branca	33.99 \pm 0.73	21.88 \pm 0.80	67.52 \pm 2.87
Guava	Paluma	38.60 \pm 1.82	16.92 \pm 1.42	23.44 \pm 5.46
	Rica	35.66 \pm 1.84	23.16 \pm 1.20	27.05 \pm 4.40
	Pedro Sato	36.35 \pm 2.66	17.45 \pm 1.95	24.17 \pm 8.63
Custard Apple*		51.48 \pm 1.91	10.86 \pm 1.79	n.d.
Atemoya	Gefner	44.19 \pm 0.31	19.79 \pm 0.60	n.d.

*No cultivars of the custard apple are available; n.d.= not determined

Table 4 - pH, titratable acidity (TA), levels of soluble solids (SS) and SS to TA ratio in fruits of different cultivars produced in the Lower Basin of the São Francisco Valley (mean \pm SD; n = 4, each plot consisting of 20 fruits for mango, guava, custard apple and atemoya, or of 25 fruits for acerola)

Fruit	Cultivar	pH	TA (%)	SS ($^{\circ}$ Brix)	SS/TA
Mango	Van Dyke	4.52 \pm 0.06	0.25 \pm 0.00	18.1 \pm 0.60	71.26 \pm 2.32
	Tommy Atkins	4.62 \pm 0.17	0.27 \pm 0.02	13.4 \pm 0.57	49.55 \pm 3.89
	Haden	4.33 \pm 0.07	0.40 \pm 0.07	14.3 \pm 0.50	36.12 \pm 6.01
	Kent	4.00 \pm 0.23	0.39 \pm 0.08	12.2 \pm 0.84	31.67 \pm 5.41
	Palmer	4.62 \pm 0.05	0.15 \pm 0.03	15.3 \pm 0.49	98.54 \pm 18.59
	Keitt	4.45 \pm 0.08	0.26 \pm 0.04	12.0 \pm 0.76	46.51 \pm 5.54
	Espada	3.88 \pm 0.14	0.55 \pm 0.08	14.5 \pm 0.50	26.29 \pm 3.25
Acerola	Rosa	3.90 \pm 0.00	0.59 \pm 0.02	13.8 \pm 0.74	23.44 \pm 1.36
	Sertaneja	3.15 \pm 0.06	1.74 \pm 0.02	7.3 \pm 0.05	4.22 \pm 0.04
	Okinawa	3.25 \pm 0.06	1.87 \pm 0.06	8.7 \pm 0.15	4.67 \pm 0.13
	Costa Rica	3.45 \pm 0.06	1.11 \pm 0.03	8.3 \pm 0.15	7.45 \pm 0.18
Guava	Flor Branca	3.30 \pm 0.00	1.35 \pm 0.02	7.6 \pm 0.30	5.65 \pm 0.26
	Paluma	3.92 \pm 0.07	0.59 \pm 0.05	11.1 \pm 0.75	18.87 \pm 2.52
	Rica	4.11 \pm 0.08	0.45 \pm 0.03	10.1 \pm 0.46	22.47 \pm 1.96
Custard Apple*	Pedro Sato	4.25 \pm 0.17	0.41 \pm 0.03	10.5 \pm 0.34	25.52 \pm 2.38
		5.10 \pm 0.02	0.27 \pm 0.03	24.2 \pm 0.78	90.48 \pm 12.00
	Atemoya	4.46 \pm 0.04	0.50 \pm 0.02	26.7 \pm 0.62	53.44 \pm 1.89

*No cultivars of the custard apple are available

It was further seen that among the *anonaceae*, the custard apple showed a higher SS to TA ratio; a result of having a level of soluble solids equivalent to the atemoya, and a titratable acidity 54% lower than that fruit. These results confirm the observations of Mosca and Lima (2003), who state that the atemoya has a sweet taste which is slightly acidic and aromatic, representing an advantage with respect to the custard apple.

For total soluble sugars, the fruit of the atemoya and the custard apple had the highest levels, 22.03 and 19.85 g 100 g⁻¹ respectively (Table 5). These results support those observed by Orsi *et al.* (2012) of respectively, 21.93 and 19.57 g 100 g⁻¹ for the atemoya and custard apple.

The levels of total soluble sugars observed in the acerola ranged from 3.70 to 5.58 g 100 g⁻¹ (Table 5). It was found that among the acerola fruit, the cultivar Costa Rica had the highest levels of total soluble sugars. It can therefore be assumed that this cultivar represents a greater possibility for the development of industrial products with a lower use of sugar.

The highest levels of reducing sugars were observed in fruit of the custard apple (18.26 g 100 g⁻¹)

and the Gefner cultivar of the atemoya (12.66 g 100 g⁻¹), as shown in Table 5. These values indicate that this type of sugar made up 91.98% and 57.46% of the total soluble sugars present in these fruits respectively.

Among the fruits being evaluated, the custard apple also had the highest starch content (Table 5), this being one of the elements which contribute to firmness (CHITARRA; CHITARRA, 2005). Lima, Alves and Figueiras (2010) observed in freshly harvested fruits of another *anonacea*, the soursop, a starch content equivalent to 8.37 g 100 g⁻¹, which due to intense degrading activity was reduced to only 31% of the initial value after eight days of storage. The decrease was even greater when the storage time was extended.

The lowest starch contents were observed in the mango cultivars Van Dyke, Tommy Atkins, Haden, Kent, Palmer, Keitt and Rosa, as well as in the fruits of the acerola cultivars Sertaneja, Costa Rica and Flor Branca (Table 5). Results observed for the mango were lower than those discussed by Silva *et al.* (2012), who when studying 15 cultivars, found levels ranging from 0.2 to 3.4 g 100 g⁻¹ in Haden and Tommy Atkins respectively. In the present study, the greatest starch content in ripe mangoes was seen in fruits of the Espada cultivar, equivalent to 0.4 g 100 g⁻¹ (Table 5).

Table 5 - Levels for total soluble sugars (TSS), reducing sugars (RS), starch and pectic substances in fruits of different cultivars produced the Lower Basin of the São Francisco Valley (mean ± SD; n = 4, each plot consisting of 20 fruits for mango, guava, custard apple and atemoya, or of 25 fruits for acerola)

Fruit	Cultivar	TSS (g.100 g ⁻¹)	RS (g.100 g ⁻¹)	Starch (g.100 g ⁻¹)	Pectic substâncias (mg.100 g ⁻¹)
Mango	Van Dyke	15.94 ± 0.15	3.51 ± 0.25	0.04 ± 0.02	298.06 ± 80.51
	Tommy Atkins	11.44 ± 0.93	2.51 ± 0.19	0.06 ± 0.03	308.26 ± 35.44
	Haden	13.53 ± 0.31	2.66 ± 0.16	0.10 ± 0.04	258.98 ± 21.85
	Kent	10.89 ± 0.24	3.70 ± 0.38	0.05 ± 0.02	346.98 ± 59.94
	Palmer	13.17 ± 0.76	3.53 ± 0.11	0.03 ± 0.01	266.20 ± 20.46
	Keitt	10.69 ± 0.62	3.32 ± 0.17	0.07 ± 0.03	283.43 ± 61.45
	Espada	12.00 ± 0.29	5.42 ± 0.15	0.40 ± 0.11	321.36 ± 59.22
Acerola	Rosa	11.11 ± 1.18	4.38 ± 0.22	0.04 ± 0.01	183.43 ± 4.10
	Sertaneja	3.70 ± 0.15	n.d.	0.08 ± 0.01	94.93 ± 14.08
	Okinawa	4.62 ± 0.07	n.d.	0.23 ± 0.04	246.71 ± 27.14
	Costa Rica	5.58 ± 0.31	n.d.	0.06 ± 0.02	95.57 ± 31.56
Guava	Flor Branca	4.49 ± 0.34	n.d.	0.05 ± 0.01	101.00 ± 7.13
	Paluma	7.41 ± 0.14	6.16 ± 0.45	0.42 ± 0.19	685.44 ± 29.28
	Rica	6.63 ± 0.10	5.45 ± 0.47	0.38 ± 0.08	477.82 ± 132.4
Custard Apple*	Pedro Sato	6.99 ± 0.31	6.48 ± 0.78	0.46 ± 0.15	494.37 ± 57.20
	Custard Apple*	19.85 ± 0.47	18.26 ± 2.60	1.74 ± 0.24	615.50 ± 64.18
	Atemoya	Gefner	22.03 ± 0.56	12.66 ± 0.97	0.52 ± 0.05

*No cultivars of the custard apple are available; n.d.= not determined

Fruits of the guava cultivar Paluma were noteworthy due to having the highest levels of pectic substances, followed by the custard apple (Table 5). According to Antunes, Gonçalves and Trevisan (2006), higher levels of pectic substances are important in post-harvest conservation and fruit processing. For industry, pectins are of direct interest, especially when wanting to prepare jellies and sweet-stuffs in bulk, so that the cost of industrial processing decreases when the fruits are rich in these substances. For these fruits, the need for the addition of commercial pectin is smaller, as is the manufacturing time.

Considering that the appearance (freshness, colour, defects and deterioration), texture (firmness, resistance and tissue integrity), flavour and aroma, nutritional value and food safety, are all part of the set of attributes that define quality, knowledge of these characteristics is of extreme importance in meeting the demands of the consumer. Moreover, this knowledge can enable the commercial highlighting of an important feature of a given cultivar, promoting the product. In this way, value can be added to the fruits produced in any one region, especially when it becomes possible to reach the most demanding markets.

CONCLUSIONS

1. Fruit from cultivars of the guava (Paluma, Rica and Pedro Sato), the custard apple and atemoya display a high level of pectic substances, a characteristic which is favours industrial use;
2. In the mango, a high level of pectic substances was noted in fruit of the cultivars Kent, Espada, Tommy Atkins and Van Dyke;
3. Fruit of the acerola cultivar Costa Rica have a level of soluble solids and low titratable acidity, favouring consumption *in natura*.

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