Microbiological evaluation of probiotic goat cheese

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Goat milk and its products are considered high nutritional value foods, and the addition of probiotic cultures is a strategy to improve the health benefits to consumers, thus increasing the potential of adding value and stimulating the sector production. This study aimed to produce a "Boursin" type probiotic goat cheese employing two different probiotic cultures, and to evaluate their microbiological characteristics during the estimated shelf life. Three cheese formulations were produced, as follows: cheese with no probiotic culture - control (T1), cheese with added Bifidobacterium animalis subsp. lactis - BB12 (T2) and cheese with added Lactobacillus rhamnosus - LRB (T3). Microbiological analyses were carried out to investigate the viability of the probiotic cultures, coliform and Escherichia coli counts, and the presence of Salmonella spp. The T2 cheese reached Bifidobacterium animalis average counts of 9.21, 8.69, 8.73, 7.98, 6.45 and 6.53 log CFU/g at 0, 7, 14, 21, 28 and 35 days of storage, respectively. Results for the T3 cheese revealed average counts of Lactobacillus rhamnosus of 8.60, 8.32, 8.33, 8.39, 8.47, and 8.21 log CFU/g at the same storage times. It was found that coliform count of 3.0 x 10¹, 6.0 x 10¹ and 4.0 x 10¹ CFU/g (estimated) at 7 days of storage for T1, T2 and T3, respectively. Counts < 1 x 101 CFU/g was found for the other investigated times for all samples. Salmonella spp. was not detected in any of the analysed samples. The results demonstrate that the "Boursin" type goat cheese is a promising matrix for incorporating probiotics, since viable populations as high as 108 CFU/g were found up to 35 days of storage for both cultures, being considered a potentially functional food according to the Brazilian legislation. Further studies are recommended to identify more appropriate probiotic culture to be applied, taking into account the goat cheese sensory properties.