

## Quality of in-shell Brazil nuts after drying using a pilot natural convection oven in the state of Acre, Brazil

*Qualidade da castanha-do-brasil com casca após secagem usando um forno-piloto por convecção natural, no estado do Acre, Brasil*

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### Abstract

The natural drying of in-shell Brazil nuts carried out by the extractivists is not effective in reducing contamination by aflatoxin-producing fungi. Thus the use of an artificial heater could prove to be a favourable method to bring about a rapid reduction in the moisture content of the nuts and thereby prevent fungal growth. Hence the objective of this study was to evaluate the efficiency of a natural convection-type drier with respect to the physical, physicochemical and microbiological quality of nuts after drying for 6 hours at 45 °C. A random block experimental design with two treatments (nuts before and after drying) was used, using 10 replications of 3 kg. The nuts were analysed for their moisture, ash, protein, dietary fibre, total carbohydrates and lipid contents, water activity, total count of filamentous, potentially aflatoxin-producing fungi, and also the quantification of aflatoxins B<sub>1</sub>, B<sub>2</sub>, G<sub>1</sub>, G<sub>2</sub> and the total aflatoxins. There was no effect of drying on the *Aspergillus flavus* and *Aspergillus parasiticus* counts or on the physicochemical composition of the nuts, except for the ash content. However the moisture content of the nuts was reduced by 39.7% and there was a decrease in the contamination by pre-existing total filamentous fungi. The dryer was effective in reducing the average time taken for drying as compared to the traditional method used by extractivists.

**Keywords:** *Bertholletia excelsa*; *Aspergillus flavus*; *Aspergillus parasiticus*; Aflatoxins.

### Resumo

A secagem natural da castanha-do-brasil com casca, realizada por extrativistas, não é eficaz na redução da contaminação por fungos produtores de aflatoxinas. Portanto, o uso de um secador artificial pode ser um método para reduzir rapidamente o teor de umidade das amêndoas e, assim, prevenir o crescimento de fungos. Neste contexto, o presente estudo foi realizado para avaliar a eficiência de um secador, por convecção natural de ar, na qualidade física, físico-química e microbiológica das amêndoas após 6 horas de secagem, a 45 °C. O delineamento experimental foi em blocos casualizados, com dois tratamentos (castanhas antes e depois da secagem) e 10 repetições de 3 kg. As amêndoas foram analisadas quanto a umidade, cinzas, proteína, fibra alimentar, carboidratos totais e lipídios, atividade de água, contagem total de fungos filamentosos e potencialmente produtores de aflatoxina, e quantificação de aflatoxinas B<sub>1</sub>, B<sub>2</sub>, G<sub>1</sub>, G<sub>2</sub> e total. Não houve efeito da secagem na contagem de *Aspergillus flavus* e *Aspergillus parasiticus*, e também na composição físico-química das castanhas, exceto para teor de cinzas. No entanto, a umidade da amêndoa reduziu-se em 39,7% e houve redução da contaminação pré-existente de fungos filamentosos totais. O secador é eficaz na redução do tempo médio de secagem quando comparado com o método tradicional usado pelos extrativistas.

**Palavras-chave:** *Bertholletia excelsa*; *Aspergillus flavus*; *Aspergillus parasiticus*; Aflatoxinas.



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### 1 Introduction

The Brazil nut tree (*Bertholletia excelsa* H.B.K.) is large-sized and can grow up to 60 m in height. It is found growing naturally in hot and humid climates, and has social, economic and environmental importance in the Amazon region.

Although the Brazil nut is found in several countries, in 2009, Brazil accounted for 64.1% of the world's export of the in shell nuts. According to IBGE (2015), in 2014, Brazil produced 37,499 tons of the nut, Acre State being the largest producer amongst the Amazonian States, with a concentration of 36% of the total production (13,684 tons), followed by Amazonas State with 34% (12,801 tons). A large part of this production is already being processed inside the State, which adds greater value to the product, and hence a greater income for the extractivists. Of the non-timber products exploited in the Amazon, the Brazil nut enjoys the major position, being responsible for the economic support of many extractivist families. Its exploitation became the main extractivist economic activity in this region after the decline of rubber extraction.

Improper management is likely to favour postharvest contamination, constituting a major problem for the marketing of the Brazil nut. This is evident from the fact that the maturing and dropping of the pods (Brazil nut fruit) coincide with the heavy rainfall season, thus delaying their collection. During the pod dropping season, it is dangerous to walk under the trees, this being another reason why the extractivists avoid collecting the fruits for several months. Since the fruits remain in contact with the soil for a prolonged period, this can be a natural cause of potentially aflatoxin-producing fungi (AFPA) and these compounds can contaminate the nuts. *Aspergillus flavus* and *A. nomius* are common aflatoxin producers on Brazil nuts (MIDORIKAWA et al., 2014; REIS et al., 2012; OLSEN et al., 2008), the aflatoxigenic species *A. arachidicola*, *A. bombycis*, *A. parasiticus* and *A. pseudotamarii* being less frequently isolated (REIS et al., 2012; BAQUIÃO et al., 2012; GONÇALVES et al., 2012). According to the International Agency of Research on Cancer (IARC, 2002), aflatoxins are considered to be carcinogenic.

Aflatoxigenic fungi were found throughout the whole Brazil nut production chain (CALDERARI et al., 2013). Concern with the contamination of Brazil nuts by aflatoxins started after notifications of the increased occurrence of aflatoxins in the nuts were reported in 2003 by the Rapid Alert System for Food and Feed (EC, 2003). This triggered a reduction of 99.3% to exports of the in-shell Brazil nuts from Brazil to the European Union countries between the years 2003 and 2005 (ALICE WEB, 2003) and the establishment of special conditions (EUROPEAN UNION, 2003) for the import of in-shell Brazil nuts by those countries from Brazil. Amongst these conditions, the Good Production Practices service can be highlighted.

In 2004, the Brazilian Food Safety Program – Field, a joint national action by the entities SENAI/SEBRAE/EMBRAPA (EMBRAPA, 2004), was structured as a from farm to fork program, aiming at producing a document that would instruct producers on how to better control and monitor the whole Brazil nut chain. The program integrates the activities of monitoring, control, inspection and tracking of contaminants, including mycotoxins. Although the Good Practices recommendations suggested by Codex Alimentarius (CAC, 2005) have improved product quality, natural drying can also be regarded as a step that promotes contamination, this being traditionally done by exposing the product to natural environmental conditions, thus a slow process which affords ample time for product contamination. The Project Safenut results (STDF, 2008) used for formulating recommendations to update the previous Codex Code of Practice for Aflatoxin in Tree nuts (CAC, 2010), showed that the Critical Control Point was the drying step in the community, and recommended that the drying in the communities be more efficient, with the use of simple drying equipment. Gonçalves et al. (2010) recommended a stationary forced convection drier using heated air for drying in-shell Brazil nuts. However, the use of the dryer requires electrical energy, which is not always available under the conditions found in extractivist forests.

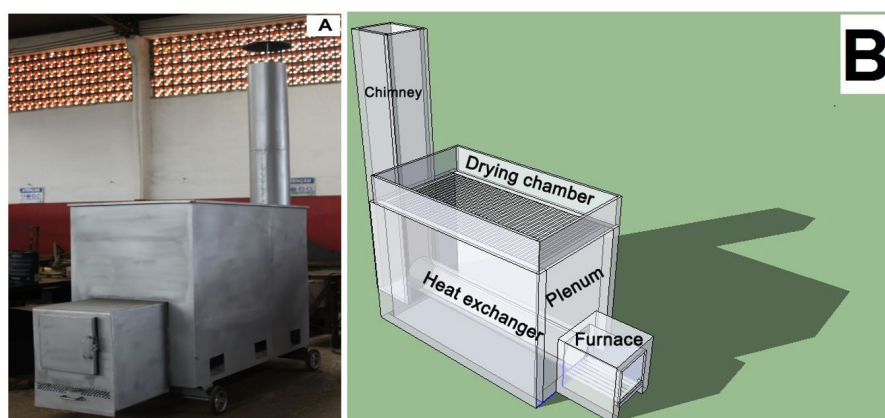
Thus the objective of the present study was to evaluate the influence of a high-temperature drier using natural convection in the pre-drying step, on the quality of in-shell Brazil nuts.

### 2 Material and methods

Newly collected in-shell Brazil nuts were obtained from the Chico Mendes Extractive Reserve in the City of Brasília, Acre State, Brazil (10°49'12"S and 68°46'18"W Gr) between January and February 2011. The Brazil nuts were transported to the EMBRAPA Laboratory of Food Technology in the City of Rio Branco, Acre State. The experiment was carried out using a random block design with two treatments (before and after drying) and 10 replications, using 3 kg of in-shell Brazil nuts for each replication. The collection methodology was established according to the European Community Regulation n° 401/2006 (EUROPEAN UNION, 2006), with the number of batches being defined and, according to their masses, the number of incremental samples to be collected from the same point of each batch. The samples were prepared for the determination of mycotoxins according to Normative Instruction n° 11 of the Brazilian Ministry of Agriculture (BRASIL, 2010). The in-shell Brazil nuts were submitted to 6 hours of drying, where the nuts were arranged in 15 cm layers and stirred every 30 minutes. The overall dimensions of the drier (Figure 1) were 1.0 m wide x 2.0 m long x 1.70 m height, consisting of the furnace, heat exchanger, flue, plenum chamber and drying chamber (NOGUEIRA; ÁLVARES, 2012). The drier

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**Figure 1.** High-temperature natural convection dryer used during the experiment (A) and its components (B).

was calibrated to handle an average of 200 to 300 L day<sup>-1</sup>, powered by burning wood or Brazil nut pods, and manually controlling the drying air temperature at 45 °C.

Each repetition used a total of 3 kg of nuts. Before and after drying, duplicate samples were collected at random, without removing nuts considered bad (rotten, shrivelled and other defects), homogenized, peeled and crushed. After crushing, 500 g were removed for the analysis of aflatoxins and 100 g of for the microbiological analysis. Of the 100 g sample 40 g was used to quantify *Aspergillus flavus* and *Aspergillus parasiticus* and to make the total filamentous fungal count and 60 g was used for the physicochemical analysis. The samples were analysed for: moisture content in an oven with forced air circulation (Biopar, S180ST, Porto Alegre, Brazil) at 95 °C/5 hours (method 925.40, AOAC, 2012); ash by incineration in a muffle furnace (Quimis, Q318M25T, Diadema, Brazil) at 525 °C (method 950.49, AOAC, 2012); ether extract by the Soxhlet method in an oil and grease extractor (Tecnal, TE044, Piracicaba, Brazil) (method 948.22, AOAC, 2012); total protein by the micro-Kjeldahl method in a nitrogen distiller, followed by multiplication of the result by 5,46 (Tecnal, TE036/2, Piracicaba, Brazil) (method 950.48, AOAC, 2012); crude fibre, by digestion in a fibre analyser (Marconi, MA444/CT, Piracicaba, Brazil) with 1.25% w/v H<sub>2</sub>SO<sub>4</sub> and 1.25% w/v NaOH solutions (method 935.53, AOAC, 2012); carbohydrates by difference; water activity by direct reading on a portable water activity meter (Pawkit, Decagon, Toowoomba, Australia); and the total fungal and potentially aflatoxin-producing fungal counts by surface plating with dilution, as described by Pitt et al. (1983). Aflatoxins B<sub>1</sub>, B<sub>2</sub>, G<sub>1</sub>, G<sub>2</sub> and total aflatoxins were quantified by solvent extraction followed by purification in immunoaffinity columns, and quantification by High Performance Liquid Chromatography (HPLC, Shimadzu) using post-column derivatization in a Kobra-cell<sup>®</sup> electrochemical cell according to method 994.08 (AOAC, 2012) and Stroka et al. (2000), using a fluorescence detector (HPLC/Kobra-cell/DFL). The aflatoxins were quantified by external standardization.

The method was previously in-house validated by Castro et al. (2013) and the detection limits were 0.04; 0.02; 0.03 and 0.03 and quantification limits 0.13; 0.08; 0.10 and 0.11 for aflatoxins B<sub>1</sub>, B<sub>2</sub>, G<sub>1</sub> and G<sub>2</sub>, respectively. Column chromatography with a Shimpack CLC-ODS (M) 250 x 4.6 mm column was used, with a mobile phase of water: acetonitrile: methanol (6: 2: 2, v/v/v), flow rate of 1 mL min<sup>-1</sup>, and injection volume of 50 µL.

The results were submitted to a verification of the presence of outliers, normality of errors and homogeneity of variances. Subsequently an analysis of variance of the original and/or transformed data was carried out and verified by the F test (5%) for the existence of differences between the treatments. The Wilcoxon nonparametric test was applied to the variables that were not obtained by data transformation, in order to promote standardization of the errors and/or homogeneity of the variances. The t test was also applied (5%) to compare the means of certain variables with the results obtained in other studies.

### 3 Results and discussion

Drying the in-shell Brazil nuts for 6 hours at 45 °C significantly influenced the nut moisture content (Table 1), with an average reduction of 39.57% as compared with the baseline.

According to Álvares et al. (2009), by using the traditional technique of drying by natural aeration for 15 days in extractive communities in Acre State, Brazil, they can reach a 55.30% reduction in the nut moisture content. However, the same authors concluded that this drying time was too long. Thus the use of the dryer was effective in accelerate the velocity of moisture reduction (6 hours drying), reducing the drying time by 98.3% in relation to the traditional method used by the extractivists (15 days). Comparing the two systems, the dryer uses only 1.67% of the drying time (6 hours compared with 360 hours) to reach 71% of the moisture content reduction (39.57% as compared to 55.30%) obtained by the traditional method.

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This stage of the drying step can be considered as pre-drying in the extractivists communities, since the product will subsequently be properly dried during industrialization to approximately 4.0% of moisture. However, if the pre-drying is not done in the field, the product may lose quality during the long storage time, resulting in major problems such as fungal proliferation, including the production of aflatoxins. Calderari et al. (2013) added that in practice, rapid traditional drying as recommended by STDF (2008) is not always possible, because the collection of the Brazil nuts in the Amazon region depends on climatic and logistic conditions. However aflatoxigenic fungal growth and the production of aflatoxin increase rapidly between 40 and 90 days after collection of the nuts and their arrival at the processing plant for final drying (JOHNSON et al., 2008). This recommendation only reinforces the need for the use of some equipment for artificial drying by the extractivists, to accelerate the pre-drying process.

Artificial drying of the in-shell Brazil nuts significantly affected the total filamentous fungal count, reducing it by 6.6% in comparison with the initial contamination (Table 1). According to Garcia et al. (2012), fungal growth depends on the interaction between the temperature and the moisture, which are the most important variables in their growth. The relationship between the moisture content of the nuts and fungal growth indicated that the reduction in moisture content was efficient in reducing pre-existing fungal contamination in the product (Table 1). However, the fungi already contaminate the nuts in the forest (STDF, 2008), since they are present in the soil (CALDERARI et al., 2013; BAQUIÃO et al., 2012) and in the air (BAQUIÃO et al., 2012) near the production area as well as in the Brazil nut pods in the forest (BAQUIÃO et al., 2012; ARRUS et al., 2005).

The longer the pods are in contact with the soil, the greater the predominance of *A. flavus* (BAQUIÃO et al., 2012) in this initial contamination. This variable is difficult to control since the extractivists traditionally harvest the nuts after the rainy season, even after receiving the recommendation (CAC, 2010; STDF 2008) to harvest the fruits immediately after they fall. It is likely that drying at higher temperatures will be more efficient in reducing the initial contamination of total fungi, because temperatures between 45 and 60 °C are lethal to most phytopathogenic microorganisms, although in the case of in-shell Brazil nuts, temperatures above 50 °C can damage the shell by cracking it (NOGUEIRA, 2011).

However, the water activity, potentially aflatoxin-producing fungi (AFPA) (Table 1) and the aflatoxin concentration in the in-shell Brazil nuts (Table 2) were not influenced by the drying process.

The water activity remained at a high value even after pre-drying, which was close to the optimum value for the growth of *Aspergillus flavus* (0.80-0.95) (PEREIRA et al., 2002), and aflatoxin production (0.68-0.87) (ARRUS et al., 2005).

Baquião et al. (2012) demonstrated that water activity plays an important role in fungal growth during this period, with a consequent potential risk for aflatoxin production. Calderari et al. (2013) observed that the water activities of Brazil nuts, both shelled and in-shell, were often very high (average of 0.95 and 0.94) in samples from the rainforest. Several factors influence fungal growth and aflatoxin production, but the length of time the Brazil nuts are stored in the optimal water activity range for aflatoxin production during primary and secondary warehouse storage in the forest, and in the processing plant before they reach the safe moisture level, is considered to be the most critical factor (VARGAS et al., 2011). The Codex code

**Table 1.** Means for the moisture content (MC), water activity (Aw), potentially aflatoxin-producing fungi (AFPA) and total filamentous fungi (FFT) found in Brazil nuts before and after high temperature drying by natural convection, Rio Branco City, Acre State, Brazil.

Treatments	MC	Aw	AFPA (log CFU g <sup>-1</sup> )	FFT (log CFU g <sup>-1</sup> )
Before drying	26.91 <sup>a</sup>	0.97 <sup>a</sup>	4.06 <sup>a</sup>	5.30 <sup>a</sup>
After drying	16.23 <sup>b</sup>	0.99 <sup>a</sup>	4.07 <sup>a</sup>	4.95 <sup>b</sup>
CV (%)	5.25	-*	5.89	3.82

Means followed by the same letter in the same column show no differences by the t test at 5% of probability. Means of 10 repetitions in duplicate. \*Wilcoxon nonparametric test. CV - coefficient of variation.

**Table 2.** Means for the aflatoxins (AFLA) found in Brazil nuts before and after high-temperature drying by natural convection, Rio Branco City, Acre State, Brazil.

Treatments	AFLA (µg kg <sup>-1</sup> )				Total
	B1	B2	G1	G2	
Before drying	2.952 <sup>a</sup>	0.326 <sup>a</sup>	4.742 <sup>a</sup>	0.009 <sup>a</sup>	8.228 <sup>a</sup>
After drying	0.803 <sup>a</sup>	0.137 <sup>a</sup>	0.070 <sup>a</sup>	0.081 <sup>a</sup>	1.116 <sup>a</sup>
CV (%)	148.32	126.01	-*	-*	-*

Means followed by the same letter in the same column show no differences by the t test at 5% of probability. Means of 10 repetitions in duplicate. \*Wilcoxon nonparametric test. CV - coefficient of variation.

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of practice recommends that nuts should be dried to a safe moisture level (water activity below 0.70) (CAC, 2010) within 10 days after collection from the forest, after the removal of damaged, rotten, empty and rancid nuts (STDF, 2008). However, although a low water activity is obtained just after processing (SANTOS et al., 2011) or after storage with in-shell Brazil nuts under forced ventilation (COSTA et al., 2016), this is not yet the case for the traditional pre-drying carried out in extractivist communities, which endorses the observation that Brazil nuts should preferably not be stored within the communities. Santos et al. (2011), for example, analysing processed Brazil nuts, packed in laminated flexible packs and in cardboard boxes, found low water activity (0.47) in the samples, which is an unfavourable condition for the growth of microorganisms. Costa et al. (2016) in studies with in-shell Brazil nuts stored in a forced aeration silo, found that the water activity observed was below 0.70 after nearly 90 days of storage.

Although there was a total reduction in fungi due to pre-drying, contamination by potentially aflatoxin-producing fungi (AFPA) in the nuts was not influenced (Table 1). It should be noted that while the dryer was effective in maintaining the pre-existing contamination by potential AFPA, further testing is required to arrive at the ideal drying time and rest period of the nuts to decrease their water activity. Calderari et al. (2013) found infections by fungi with the potential to produce aflatoxin in these samples as STDF (2008). Moreover, Leite et al. (2014) detected aflatoxin in Brazil nut samples without detecting any aflatoxigenic fungal growth. According to Pacheco (2007), intermediate fungi, including *A. flavus* and *A. parasiticus*, grow at water activities from 0.80 to 0.86. However, in the present study, these fungi appeared at an average water activity value of 0.98, as well as for Calderari et al. (2013) in rainforests. Whereas aflatoxins are thermostable (NUNES et al., 2003), it is possible that some of the potential AFPA detected were from non-aflatoxigenic strains, or that some field conditions may or may not have enabled the production of these toxins. According to Arrus et al. (2005) and Leite et al. (2014), although the fungi of the genus *Aspergillus* are toxin producers, they are not always related to the presence of aflatoxins. Nunes et al. (2003) added that the fungus can be inactivated or eliminated during processing, and may not be present in the manufactured product, although any mycotoxins produced will remain. According to Calderari et al. (2013), Brazil nuts contain a range of fungi, but the *Aspergillus* section Flavi are of major concern because some of them have the potential to produce aflatoxin. However, Olsen et al. (2008) asserted that *Aspergillus nomius* may be a common aflatoxin-producing species in Brazil nuts, possibly occurring in the samples analysed, but not detected by the AFPA-specific reagent.

The means aflatoxin concentrations found in the nuts analysed in this study (Table 2) were 1.877, 0.231,

2.406, 0.045 and 4.672  $\mu\text{g kg}^{-1}$  for aflatoxin B1, aflatoxin B2, aflatoxin G1, aflatoxin G2 and total aflatoxin, respectively. Possibly due to the large variation in contamination between the samples, which is expected due to their microbiological nature and the sampling procedure, there was a high coefficient of variation for the variables aflatoxin B1 and aflatoxin B2, such that there was no significant difference between the same treatments, the values apparently decreasing after drying. The same occurred with the values for G1 and total aflatoxin, where there was high variability in the contamination between samples, as analysed by the Wilcoxon nonparametric test. Furthermore, aflatoxin was detected in only 40% (B1), 40% (B2), 30% (G1), 15% (G2), and 50% (total) of the samples with fungal growth, suggesting that when aflatoxigenic fungi are found, there may not be enough to produce aflatoxin, and also suggesting there are aflatoxigenic and non-aflatoxigenic strains. However, Pacheco et al. (2010) observed a strong association between the presence of aflatoxigenic fungi and aflatoxin production, and Vargas et al. (2011) demonstrated the risk from the aflatoxins associated with the shells of Brazil nuts, with higher correlations between the aflatoxin concentrations in in-shell Brazil nuts.

Furthermore, the aflatoxin concentrations were below the limits established by Brazilian legislation for total aflatoxin in shelled Brazil nuts, for both direct human consumption (10  $\mu\text{g kg}^{-1}$ ) and for processing (15  $\mu\text{g kg}^{-1}$ ) (BRASIL, 2011). For in-shell Brazil nuts, the total aflatoxin concentrations were also lower than the limits established by Brazilian legislation (20  $\mu\text{g kg}^{-1}$ ). Regarding the European Union, the limits set for contamination in in-shell Brazil nuts for processing are 8  $\mu\text{g kg}^{-1}$  for aflatoxin B1 and 15  $\mu\text{g kg}^{-1}$  for total aflatoxin; and for direct human consumption they are 5  $\mu\text{g kg}^{-1}$  for aflatoxin B1 and 10  $\mu\text{g kg}^{-1}$  for total aflatoxin (EUROPEAN UNION, 2010), hence the results were also lower.

With regards to contamination by aflatoxins, Xavier and Scussel (2008) found contamination levels ranging between 1.2  $\mu\text{g kg}^{-1}$  and 11.5  $\mu\text{g kg}^{-1}$  for total aflatoxin, which is higher than that observed in this study. Moreover, Leite et al. (2014) presented lower contamination levels for Brazil nuts collected at different times in Brasília City, Acre State, Brazil, of 0.073, 0.009, 0.034 and 0.007  $\mu\text{g kg}^{-1}$  for aflatoxins B1, B2, G1 and G2, respectively. Pacheco and Scussel (2007) detected total aflatoxin levels from 1.2 to 11.5  $\mu\text{g kg}^{-1}$  in in-shell Brazil nuts from the Amazon basin. Pacheco and Scussel (2009) reported that only 8.7% of the Brazil nuts contained aflatoxins at levels higher than European Union maximum level, 4  $\mu\text{g kg}^{-1}$ . Reis et al. (2012) found contamination by aflatoxin B1 above that mentioned in this work (11.9 to 1058.0  $\mu\text{g kg}^{-1}$  for B1 aflatoxin), in samples from storage facilities in Acre State. Several factors are related to the differences in contamination found in the literature, the presence of the

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**Table 3.** Means for the ash (ASH), protein (PT), ether extract (EE), fibre (FB) and carbohydrate (CB) contents of Brazil nuts before and after high-temperature drying by natural convection in Rio Branco City, Acre State, Brazil, 2011.

Treatments	ASH	PT	EE (%)	FB	CB
Before drying	3.27 <sup>b</sup>	14.87 <sup>a</sup>	66.60 <sup>a</sup>	7.99 <sup>a</sup>	7.28 <sup>a</sup>
After drying	3.40 <sup>a</sup>	15.14 <sup>a</sup>	63.17 <sup>a</sup>	7.58 <sup>a</sup>	9.96 <sup>a</sup>
CV (%)	1.10	3.88	5.84	5.86	24.80

Means followed by the same letter in the same column show no differences by the F test at 5% of probability. CV - coefficient of variation.

shell being one of these, and in-shell Brazil nuts showed higher contamination than shelled Brazil nuts (CAC, 2005). Not all isolates of *A. flavus* obtained from agricultural products have the capacity to synthesize aflatoxins (FREIRE; KOZAKIEWICZ, 2005). According to Pereira et al. (2002), confirmation of the presence of aflatoxigenic fungi in food is essential to apply control measures to reduce the aflatoxin-producing potential according to CAC (2010) and STDF (2008). Thus the control of the residence time of the pods (Brazil nut fruit) on the forest floor after dropping, along with the drying of the nuts, are measures aimed at reducing the incidence of aflatoxigenic fungi, and hence the production of aflatoxin.

In this study, contamination by aflatoxin G1 was greater than by aflatoxin B1, indicating, according to Olsen et al. (2008) who studied the relationship between aflatoxins B1 and G1 in samples of in-shell Brazil nuts, that the primary causes for the production of aflatoxin were not necessarily *A. flavus* and/or *A. parasiticus*, but also *A. nomius* which produces both aflatoxin types, B and G. However, Soares et al. (2010) suggested that aflatoxin B1 occurred in greater amounts than aflatoxins B2, G1 and G2. These observations also agree with those of Silva et al. (2008), who concluded that the contamination by the fungus *A. flavus* prevailed over *A. parasiticus*, considering that *A. flavus* produces type B aflatoxins and *A. parasiticus* produces type G aflatoxins, also suggesting that the former is the main fungus responsible for contaminating the nuts. According to Garcia et al. (2012) and Baird et al. (2006), aflatoxin B1 is considered to be the most toxic and carcinogenic aflatoxin as compared with the other aflatoxins. Baquião et al. (2012) also found that a high percentage of aflatoxigenic *A. flavus* strains associated with high AFB1 production indicated the need for good management practices to prevent the occurrence of aflatoxins in Brazil nuts.

In relation to the composition of the nuts, with the exception of ash drying had no effect on the physicochemical characteristics of the nuts analysed (Table 3). The mean values were 3.33% ash, 15.00% protein, 64.89% ether extract, 7.79% fibre and 8.62% total carbohydrate. The values were lower ( $p < 0.05$ ) than those obtained by Santos et al. (2011) for the protein (18.58%), ether extract (66.24%) and carbohydrate (8.76%) contents of processed

nuts from Pará State, Brazil, where the moisture content is lower (3.18%). Comparing these results with those of Vasconcelos et al. (2011) for *in natura* nuts collected in the municipalities of Sena Madureira and Xapuri in Acre State, the values were higher for protein (7.00%), ether extract (56.00%) and fibre (6.00%) and only lower for carbohydrate ( $p < 0.05$ ), than the values obtained by Vasconcelos et al. (2011) (23.32%). The small variation in the composition of the Brazil nuts in these studies probably originating from the different sampling sites.

Despite the reduction in the value obtained for ash, it was greater ( $p < 0.05$ ) than that observed by Santos et al. (2011) of 3.32%, and by Vasconcelos et al. (2011) of 3.00%, and by Souza and Menezes (2008) of 3.00%.

## 4 Conclusions

The natural convection dryer offers important advantages over the traditional drying procedure, reducing the moisture content of the nuts with a significant reduction in drying time, and with no change in the physicochemical composition of the nuts except for the ash content. Contamination by aflatoxin G1 was higher than by aflatoxin B1, indicating that the primary causes for the production of aflatoxin were not necessarily *A. flavus* and/or *A. parasiticus*, but also *A. nomius*, which produces both aflatoxin types, B and G.

However, further studies are required on the influence of drying in-shell Brazil nuts in relation to aflatoxin contamination. The natural convection hot air dryer is an interesting option in relation to the traditional drying method, since it does not require electric energy and can use broken fruits, which are a residue of Brazil nut extraction in the Amazon, of excellent calorific potential.

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