Deoxynivalenol in the wheat milling process and wheat-based products and daily intake estimates for the Southern Brazilian population

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**Abstract**

Fusarium head blight of wheat is caused by the *Fusarium* species that produces mycotoxins, such as deoxynivalenol (DON). The distribution of DON in wheat products can lead to high economic and health impacts. The objective of this study was to evaluate the natural distribution of DON in the wheat milling process and wheat-based products, as well as the daily intake estimates for the Southern Brazilian population. The fractions of wheat grains (milled wheat, finished flour and bran) were produced in a mill. Additionally, wheat-derived products, such as pasta, bread and crackers were analyzed. The bran fraction had the highest mean concentration of DON (2278 μg kg⁻¹), followed by milled wheat and finished flour (1895 μg kg⁻¹ and 1305 μg kg⁻¹). The distribution factor in the finished flour (69%) fraction demonstrated that DON was reduced when compared to milled wheat, by contrast of bran fraction that presents higher DON levels (120%). A percentage of 35% bran, 35% finished flour and 30% milled wheat samples would not be in compliance with future Brazilian regulations for DON levels. From the wheat-based products analyzed, 17% of whole bread and 10% of salted cracker products were contaminated with DON, with average concentration of 437 μg kg⁻¹ and 624 μg kg⁻¹, respectively. The finished flour was the fraction that most contributes to the daily intake of DON in Southern Brazil, representing 89.6% of the provisional maximum tolerable daily intake.

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1. Introduction

Fusarium head blight (FHB) caused by different species of *Fusarium*, is a serious worldwide problem in wheat grains. This disease causes agricultural damage by reducing harvest yield due to poor grain quality and affects processed products from infected grains (Parry, Jenkinson, & Mcleod, 1995; Savi et al., 2015; Scusse, Beber, & Tonon, 2011). Moreover, it presents a threat to food safety because of the accumulation of mycotoxins in wheat grains and their products, especially deoxynivalenol (DON), considered to be the most important wheat hazard (McMullen, Jones, & Gallenberg, 1997). The accumulation of DON in human and animal bodies after ingestion of contaminated food can induce development of acute and chronic effects, such as immunosuppression, neurotoxicity, embryotoxicity and teratogenicity (Pestka, 2007; Rotter, Prelusky, & Pestka, 1996; Wijnands & Van Leusden, 2000).

The toxicity of DON has led many countries to set up regulations for its control in wheat grains and their products intended for human or animal consumption. In Brazil, the maximum limits established in 2012 for milled wheat, whole flour and wheat bran were 2000 μg kg⁻¹ and for wheat flour, pasta, crackers and biscuits were 1750 μg kg⁻¹ (ANVISA, 2011). These levels will be progressively reduced and in 2017 will be set at 1000 μg kg⁻¹ and 750 μg kg⁻¹ for the products stated above, respectively (ANVISA, 2013). For unprocessed wheat grain, the maximum limit will be set at 3000 μg kg⁻¹ in 2017 (ANVISA, 2013). It is necessary to mention that no regulation limits have been established for animal feed in Brazil. Nowadays, the European Commission has established the limit of DON equal to 1250 μg kg⁻¹ for unprocessed cereals and
2.1. Sample characterization

2. Materials and methods

2.1. Sample characterization

Wheat grain samples from different cultivars harvested during the 2014 crop season from Southern Brazil were used. Wheat grains were cleaned and dried in the storage units. The milling process of samples was performed by Embrapa Wheat (Brazilian Agricultural Research Corporation). Each sample (1000 g) was milled in the Laboratory Mill 3100® (Perten, Sweden), to obtain the milled wheat fraction. The same set of samples, composed of 5000 g, were conditioned to a 14% moisture content and milled using a pilot-scale mill Quadrumat Senior® (Brabender, Germany), with a standard setting for hard wheat (AAAC, 2000). This milling process produced the following fractions: milled wheat, finished flour (reduction and break flour) and bran (the outer layers of wheat kernel). The milled wheat, finished flour and bran were weighed and mixed separately, before the division of 200 g each sample for mycotoxin analysis (60 samples). Samples were packed in polyethylene bags and stored at 8 °C for DON analysis in the Laboratory of Mycotoxicology and Food Contaminants, Food Science and Technology Department, Center of Agricultural Sciences at the Federal University of Santa Catarina, Brazil. Additionally, wheat-based products, such as pasta of type semolina, eggs and common pasta, sweet common and whole bread and sweet and salted crackers, were purchased from the local retail market in the same period. The products were weighed (200 g each sample) and mixed separately for mycotoxin analysis (30 samples per group, totaling 90 samples).

2.2. Chemicals and reagents

DON standards were supplied by Sigma Aldrich Chemicals (St Louis, MO, USA). The solutions were prepared in acetonitrile at a concentration of 1 mg mL⁻¹ and stored at −20 °C until use. Working standard solutions, ranging from 0.15 to 10 μg mL⁻¹, were prepared from suitable dilutions of the stock solution in the mobile phase acetonitrile:water (10:90, v/v) and stored at 4 °C. The solvents acetonitrile and methanol were obtained from Vetec (Duque de Caxias, RJ, Brazil) at LC grade. Water was obtained from a Milli-Q system on 18.2 MΩ·cm (Millipore, Bedford, MA, USA). For the sample clean-up step, an immunaffinity column of DON-Test (Vicam, Milford, MA, USA) was used according to the manufacturer procedures.

2.3. DON determination

Milled wheat samples were analyzed using the immunaffinity columns for the cleaning step, according to the Vicam protocol DON Test, N. G1005 USA (Vicam, 2013), with some modifications. In summary, 25 g of each sample was ground in an industrial blender jar with 100 mL of LC grade water. The mixture was blended for 30 s, followed twice by filtration and cleaning using the immunaffinity column (DON Test HPLC). This column was first conditioned with 1 mL of LC grade water and the filtrate sample (1 mL) was then loaded in a flow rate of one drop per second. After washing the column with 2.5 mL of LC grade water, the toxin was slowly eluted with 2 mL of 100% LC grade methanol. The eluate was evaporated using a heating block device at 40 °C with a gentle nitrogen stream and the dry residue was redissolved in 200 μL of mobile phase acetonitrile:water (10:90, v/v).

2.4. HPLC-DAD analysis

The determination of DON levels was carried out by high performance liquid chromatography (HPLC), a Shimadzu (Kyoto, Japan), equipped with an isocratic pump (LC-20AT), column oven (CTO-20A), prominence communication bus module (CBM-20A), degasser (DGU-20A), autosampler (SIL-20A) and a detector diode array (DAD) (SPD-M 20A). Chromatographic separations were performed on a C18 reversed-phase column (250 x 6.4 mm, 4μ). SynchroniRP-80A (Phenomenex, Torrance, USA). The column temperature was maintained at 30 °C. The isocratic mobile phase consisted of acetonitrile:water (10:90, v/v). The retention time of DON was approximately 12.2 ± 0.5 min. The extract (20 μL) was injected into the LC/DAD/UV System set at a wavelength equal to 218 nm and the mobile phase was delivered in a constant flow rate of 1 mL min⁻¹. Quantification of DON levels was performed by measurement of the peak area at DON retention time compared with the standard solutions used for the calibration curve.

2.5. Validation of analytical method

Validation of the analytical method was based on the criteria of linearity, selectivity, sensitivity, reproducibility, limit of detection (LOD) and quantification (LOQ), and recovery. The linearity of the method was confirmed using the calibration curve. The calibration curves were constructed with different DON concentrations from 0.15 to 10 μg mL⁻¹. Linearity was shown with the correlation coefficient (R²) through linear regression analysis. The selectivity of the method was determined through the comparative analysis of non-spiked blank wheat samples and spiked wheat samples at 250, 1000 and 1500 μg kg⁻¹ of DON. The sensitivity of the method was assessed using the LOD (signal-to-noise - S/N ratios of 1/3) and LOQ (S/N 1/10). The recovery process was set by spiking DON-free samples of wheat with DON concentrations of 250, 1000 and
1500 μg kg\(^{-1}\) (letting the samples stand for at least 2 h) on the same HPLC conditions.

### 2.6. Estimate of the average probable daily intake and maximum probable daily intake

The Average Probable Daily Intake (APDI) and Maximum Probable Daily Intake (MPDI) were calculated using the average levels of DON and the maximum concentrations found in the samples, which were multiplied by the daily consumption of wheat-based food in the Southern Brazil using data from the Brazilian Institute of Geography and Statistics - IBGE (2011) and divided by 60 kg of body weight (Herrman & Yunes, 1999; Zimmer et al., 2008 and Martins et al., 2012). The Provisional Maximum Tolerable Daily Intake (PMTDI) calculation was based on tolerable intake 1 μg kg\(^{-1}\) body weight day\(^{-1}\) for DON and its acetylated derivatives (JECFA, 2011).

### 2.7. Statistical analysis

Results regarding DON in wheat milling fractions were reported as the mean, median and 90 th percentile. The parameter Distribution Factor was adopted to express the overall reduction or increase in DON content in each milled fraction compared to their respective contents measured in milled wheat (Cheli et al., 2010). Analysis of variance (ANOVA) and Tukey’s Multiple Comparison Test were first performed to evaluate the differences between concentrations of DON found in wheat milling fractions with a probability value of \( P < 0.05 \) to determine the statistical significance. Finally, analysis of variance (ANOVA) and Bonferroni Post-Test to evaluate the differences between DON levels (μg kg\(^{-1}\)) in the finished flour and bran fractions when compared with milled wheat of the positive samples were analyzed individually.

### 3. Results and discussion

#### 3.1. Method validation

According to the linear regression analysis, calibration curves for DON were linear from 0.15 to 10 μg mL\(^{-1}\), which showed correlation R\(^2\) of 0.999. The LOD (1/3) was 22 μg kg\(^{-1}\), and the LOQ (1/10) was 77 μg kg\(^{-1}\). The mean recoveries were 87 ± 9%, 96 ± 6% and 93 ± 3% in the spiked wheat samples (in triplicates) at 250, 1000 and 1500 μg kg\(^{-1}\), respectively. These results suggest that the chosen analytical method exhibited good accuracy and precision for the detection of DON in wheat samples.

#### 3.2. DON distribution in wheat milling process

The results showed that DON was detected in 35% of all wheat fractions. The DON levels in the wheat milling fractions of the positive samples are shown in Fig. 1, where it is possible to observe the distribution of each positive sample individually. The statistical difference (\( P < 0.05, P < 0.01, P < 0.001 \)) was observed in almost all positive samples of finished flour compared to milled wheat samples. In two positive samples, the finished flour DON levels were slightly higher than milled wheat, but do not differ significantly. This result may be due the heterogeneity distribution of mycotoxins in wheat fractions, however, factors that cause this variability have yet to be determined (Cheli, Pinotti, Rossi, & Dell’Orto, 2013).

The bran fraction had the highest mean concentration of DON (2278 μg kg\(^{-1}\)), followed by milled wheat and finished flour (1895 μg kg\(^{-1}\) and 1305 μg kg\(^{-1}\)). In addition, the highest median and maximum concentration of DON were 2613 and 2931 μg kg\(^{-1}\) for bran, followed by 1887 and 2866 μg kg\(^{-1}\) for milled wheat and 1158 and 2195 μg kg\(^{-1}\) for finished flour. Therefore, the distribution factor of bran was found to be 120%, in contrast with finished flour (69%), which demonstrates that DON in this inner fraction was reduced compared to milled wheat (Table 1).

The results of the current study are in accordance with the affirmation that mycotoxin contamination may be redistributed and concentrated in certain milling fractions, however, these are not reduced in the milling process (Cheli et al., 2013; Tibola et al., 2015). The cleaning and milling usually performed in naturally Fusarium-contaminated wheat, result in less contaminated fractions intended for human consumption (flour or semolina), while a concentration factor was observed for the fractions mainly intended for animal feed (bran or middlings) (Cheli et al., 2010; Samar, Ferro Fontan, Resnik, Pacin, & Castillo, 2003; Scott, Kanhere, Dexter, Brennan, & Trenholm, 1984; Scudamore & Patel, 2008). Brera et al. (2013) also observed an increase of DON contamination in the foliage waste (about 10 fold) and in the wheat bran fraction (from 5 to 2 fold), which are intended for feed production. It is according to our study, which showed the high contamination of DON in bran compared to milled wheat, indicating a concentration of toxins in the outer part of the kernel. It may be attributed to the fact that bran fractions are obtained by the fine particles created mainly during the milling of the external layers of the kernels (Castells, Marín, Sanchis, & Ramos, 2008). This affirmation is also true for maize, where Burger, Shephard, Louw, Rheeder, and Gelderbloem (2013) found that DON was noticeably concentrated about 3 fold greater in the total hominy feed fraction (germ + milling hominy feed) than in the whole corn.

On the other hand, the significantly lower DON levels in finished flour may be attributed to the potential of the bran layer to behave as a physical barrier preventing the mycelia from penetrating further into the kernel structure (Rios et al., 2009). Similarly to our results, other studies also showed that the DON contamination in finished flour was significantly lower than in milled wheat (Edwards et al., 2011; Tibola et al., 2015; Tibola, Fernandes, & Guarienti, 2016).

In a study conducted by Tibola et al. (2015) concerning the impact of the milling process on the Fusarium mycotoxin content in artificially contaminated wheat, the authors reported that the milling process cannot be solely used as an effective tool for mycotoxin reduction in the wheat fractions. In this study, in wheat DON levels >3000 μg kg\(^{-1}\), bran presented the higher contamination (7407 ± 535 μg kg\(^{-1}\)) compared to milled wheat (5985 ± 261 μg kg\(^{-1}\)), with a distribution factor of 123.8%. The finished flour had lower levels (5360 ± 331 μg kg\(^{-1}\)) with a distribution factor of 89.5. Edwards et al. (2011) also showed that the
DON level was lower in white flour by an average of 30% compared to the level in the original cleaned wheat and bran was higher by 282%, while concentration in the germ was approximately equivalent to the cleaned wheat.

According to Brazilian regulations, only 4 (20%) bran, 3 (15%) finished flour and 1 (5%) milled wheat samples were above the maximum limits, respectively. However, considering the future Brazilian regulation for DON levels, 7 (35%) bran, 7 (35%) finished flour and 6 (30%) milled wheat samples would not be in compliance (ANVISA, 2013). It is in accordance with European regulations for DON levels in cereals products (EC, 2006; 2007).

Taking into account the high presence of contaminated samples, the degree of exposure to chemical compounds is one of the most important parameters in the evaluation of risks to consumers (Martins et al., 2012; Moreno et al., 2009). Table 2 presents the calculations of APDI and MPDI for DON in wheat milling fractions and wheat-based products, according to data from the IBGE (2011). This data shows that the finished flour is the most consumed wheat product in Southern Brazil, where daily intake levels are 32 g/person/day. In our study, the finished flour DON level was lower in white flour by an average of 30% compared to the level in the original cleaned wheat and bran was higher by 282%, while concentration in the germ was approximately equivalent to the cleaned wheat.

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In contrast, other studies showed higher DON level contamination in wheat-based products. Samples of cracker type biscuits from Southern Brazil were analyzed and 78% samples presented DON levels ranging from 377 to 5295 μg kg⁻¹ and approximately 22% were contaminated at levels higher than those allowed by regulation (Souza, Caldas, Primel, & Furlong, 2015). In Valencia (Spain), the occurrence of DON and T-2 toxin in bread was 28.0% and 2.6%, respectively, whereas in pasta, the occurrence of both mycotoxins was higher, varying from 9.3 to 62.7%. The mean content of DON (42.5 μg kg⁻¹) in bread was lower than the content of T-2 toxin (68.4 μg kg⁻¹), while in pasta the content of DON (137.4 μg kg⁻¹) was superior (González-Osnaya, Cortés, Soriano Moltó, & Mañes, 2011).

According to data from the Households Budget Survey 2008/2009 (IBGE, 2011), the wheat-based products analyzed in our study showed that the maximum concentration (MPDI) for DON was 8.6 ng kg⁻¹ body weight day⁻¹ and 30 ng kg⁻¹ body weight day⁻¹. This represents 0.9% and 3.0% of PMTDI in whole bread and salted crackers, respectively (Table 2). Similarly,
in a study conducted by Pacin et al. (2010), a low exposure was estimated due to low DON contamination: French bread median was 35.5 μg kg\(^{-1}\) and Vienna bread 22.0 μg kg\(^{-1}\) (the highest percentage of the tolerable daily intake was 6.54% and the lowest 0.45%, respectively.

In a study performed by González-Osnaya et al., (2011) in Valencia (Spain), the estimated daily intake of DON and T-2 toxin from the consumption of pasta and bread represents 8.4% and 0.2% of the tolerable daily intake, respectively. In the Indian region, the results suggest that the average estimated daily intake of DON in wheat products was found to be three times higher than the PMTDI proposed by JECFA, suggesting that chronic exposure to DON by the Indian population could be one of the factors contributing to gastrointestinal disorders in the Uttar Pradesh region (Mishra et al., 2013).

On the other hand, the average intake of the inhabitants of Londrina City in a northern Paraná State (Brazil) was 0.79 μg kg\(^{-1}\) body weight day\(^{-1}\) for bread and 0.35 μg kg\(^{-1}\) body weight for pasta. The total estimated daily intake was 1.13 μg kg\(^{-1}\), which is above the PTDMI of 1 μg kg\(^{-1}\) body weight (Santos et al., 2013).

The DON intake values found in wheat milling fractions and wheat-based products are less than the tolerable intake 1 μg kg\(^{-1}\) body weight day\(^{-1}\) for DON proposed by JECFA (2011). The PMTDI for DON was higher in the finished flour fraction representing 89.6%, which complies with the current regulation. However, the high frequency of contamination found in wheat milling fractions and the permanency in these toxins in wheat-based products demonstrates the need for monitoring of the foods through current regulations, with the aim to minimize health risks due to DON exposure.

4. Conclusion

The bran fraction had the highest DON levels and distribution factors, due to the milling of the external layers, where there was a higher DON concentration. The finished flour had poor transfer of DON for this fraction, resulting in lower DON levels compared to milled wheat. Despite this, it was the fraction that most contributed to the daily intake of DON in Southern Brazil.

Taking into account the future Brazilian regulation for DON levels, a percentage of 35% of bran samples (DON levels higher fraction) would not be in compliance (ANVISA, 2013). The milling process may not reduce the level of DON in wheat fraction and the concern is that this toxin tends to be concentrated in outer fractions commonly used as animal feed, which presents a greater concern, as there are no regulation limits established for animal feed in Brazil.

From wheat-based products, one sample of each wheat product (bread and cracker) would not be in compliance considering the future Brazilian regulations for DON levels.

The PMTDI of all samples analyzed did comply with current regulations. However, it is important emphasize that the PMTDI currently set by JECFA also includes the acetylated forms, which were not studied. Moreover, the risks due to DON higher exposure should be taking into account, even though the daily exposure level comply with regulations, due to the high consumption of this cereal.

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