# Chemical characterization of mint (Mentha spp.) germplasm at Federal District, Brazil

Gracindo, L. A. M. B.<sup>1</sup>; Grisi, M. C. M.<sup>1</sup>; Silva, D. B.<sup>1</sup>; Alves, R. B. N.<sup>1</sup>; Bizzo, H. R.<sup>2</sup>; Vieira, R. F.<sup>1</sup> <sup>1</sup>Embrapa Recursos Genéticos e Biotecnologia, C.P. 02372, Brasília, D.F., 70770-900, rfvieira@cenargen.embrapa.br.<sup>2</sup>Embrapa Agroindústria de Alimentos, Rio de Janeiro, RJ

**ABSTRACT: Chemical characterization of mint (***Mentha* **spp.) germplasm at Federal District, Brazil.** The main goal of this work was to evaluate and compare Mint genotypes (*Mentha* spp.) at the Brazil Federal District conditions. Twenty-one genotypes introduced from Purdue University, USA collection and one Brazilian genotype were analyzed based on volatile oil content and relative percentage of essential oil constituents. The essential oil was extracted by hydrodistillation in a Clevenger apparatus. The collected and stored oil was analyzed by gas chromatography and gas chromatography connected to mass spectrometry, to characterize the chemical composition of each genotype. Leaves productivity ranged between 575 and 4,271 Kg/ha and essential oil content from 0.47 to 4.17%. The major essential oil constituents detected were: 1,8-cineole, carvone, limonene, linalool, linalyl acetate, menthol, menthone, menthyl acetate, and piperitenone oxide. Some genotypes were found to have essential oil with a high content of a particular constituent, like piperitone oxide (79.0 % in CM 4 – *M. suavelons*), carvone (72.1 in CM 2; 70.9% in CM 29) and linalool (78.5% in CM 24 – *M. arvensis*). The genotype CM 20 presented the highest content of essential oil (4.17 %) and menthol yield (65%), but presented lower leaves productivity in District Federal region.

Key words: chemical characterization, genetic resources, essential oil, Mentha spp.

# INTRODUCTION

The genus *Mentha* (Lamiaceae) consists of 19 species distributed in the Old and New World. Mint species are famous all over the world for their essential oils. The aromatic leaves of mint are used fresh and dried as flavorings or spices in a wide variety of foods. They contain biologically active constituents and are also used in traditional ceremonial rituals and as medicines. Volatile oils of mint species are used to flavor foods, in dental and oral products and in fragrances.

Mint volatile oils composition is largely well known in the literature (Clark, 1998; Czepack, 1998; Maia, 1998). The great differences in the essential oil composition found in members of the genus are reflected in the number of commercial constituents obtained (menthol, menthone, carvone, limonene, linalool, menthyl acetate, piperitone, and pulegone).

Menthol is used in confectionery, perfumery and cigarettes. It is also known in mild local anesthetic, antiseptic, internally as a carminative and gastric sedative. Menthone is used as perfume and flavor compositions and carvone as flavor in liqueurs, perfumery and oral hygiene products (Bauer, 1997). Limonene is an antioxidant, and can be used as solvent, wetting and dispersing agent. Linalool is used in perfumery instead of Bergamot or french lavander oil, since it has similar odor. Menthyl acetate is used in perfumery and in toilet waters having a lavander odor. Piperitone is used in masking odors in dentifrices. Pulegone has a pleasant odor, midway between peppermint and camphor, but it can be toxic (Windholz, 1983).

The major goal of this work is to chemically characterize a mint germoplasm collection based on volatile oil constituents.

## MATERIAL AND METHOD

Twenty mint genotypes obtained from Purdue University, USA collection and one Brazilian genotype (Table 1) were grown at Embrapa Genetic Resources and Biotechnology, in a randomized complete block experimental design, with five plants in each of the three replications. The above-ground biomass of each individual plant from each block was harvested from a 0.25m<sup>2</sup> area in November 2002, bulked, weighted, placed in a paper bag, and dried in a forced-air drier at 38°C for 3 days for oil analysis. Voucher specimens of each genotype were collected and stored at the Embrapa Genetic Resources and Biotechnology herbarium (CEN). The taxonomic identification was conducted in collaboration with Dr. A. Tucker from Delaware State University. The essential oil was extracted between August and November 2003 by hydrodistillation in a modified Clevenger apparatus, in a 2 L flask during one and a half hour.

The oil was analyzed in an Agilent 6890N gas chromatograph fitted with a HP-5 (25m X 0.32mm X 0.25mm) capillary column. The oven temperature was programmed from 60°C to 240°C at 3°C/min, and

Recebido para publicação em agosto/2004 Aceito para publicação em julho/2006

hydrogen was used as carrier gas (1.4 mL/min). Pure oil (0.1mL/1mL dichloromethane) was injected in split mode (1:100; injector at 250°C).

Mass Spectra were obtained in an Agilent 5973N system operating in electron impact mode (EIMS) at 70 eV, coupled to an Agilent 6890 gas chromatograph fitted with a HP-5 MS column (30m

X 0.25mm X 0.25mm), using the same injection procedure and oven temperature programm as above. Helium was the carrier gas, at 1.0 mL/min. The identification was based on the mass spectra of the compounds compared with the data in Wiley 6th ed. library and by their calculated retention indices (RI) compared with literature data.

**TABLE 1**. Essential oil content of mint germplasm accessions maintained at Embrapa Genetic Resources and Biotechnology field colletion, Brasília, DF

Accession Bra	Local Control number <sup>1</sup>	Common name	Scientific name <sup>2</sup>	Leaf dry weight yield (kg/ha)	Essential oil content (%)	
000221	CM 1	Lim e Mint	Mentha aquatica L.	3053 a-c	1.25	
000230	CM 2	Apple Mint	<i>Mentha</i> x v <i>illosa</i> Hudson	1260 с-е	1.47	
000248	CM 3	Chocolate Mint	Mentha x piperita L.	1507 с-е	1.41	
000256	CM 4	Pineapple Mint	<i>Mentha suaveolens</i> Ehrh.	1640 b-e	0.89	
000264	CM 5	Chinese Mint	Mentha canadensis L.	3684 a-b	2.03	
000281	CM 7	Grapefruit Mint	Mentha piperita L.	2367 а-е	2.83	
000299	CM 8	Eau De Cologne	Mentha piperita L.	3702 a-b	1.36	
000302	CM 9	Variegated Pepperm int	Mentha piperita L.	1499 с-е	0.51	
000311	CM 10	Hillary's Sweet Lemon Mint	Mentha suaveolens Ehrh. x M. aquatica	4271 a	0.76	
000329	CM 11	Green Curly Mint	Mentha piperita L.	2257 а-е	0.78	
000337	CM 13	Orange Mint	Mentha aquatica L.	2555 а-е	1.68	
000345	CM 16	Persian Mint Field	Mentha piperita L.	3062 a-c	1.75	
000353	CM 17	Menthol Mint Gh	Mentha spicata L.	1489 с-е	0.87	
000361	CM 18	Common Mint Gh	Mentha aquatica L.	1225 с-е	1.74	
000370	CM 19	Lavander Mint	Mentha aquatica L.	1625 b-e	1.70	
000388	CM 20	Japanese Field Mint	Mentha canadensis L.	703 e	4.17	
000400	CM 23	Peppermint	Mentha x piperita L.	1319 с-е	1.39	
000418	CM 24	Ginger Mint	Mentha arvensis L.	575 e	0.47	
000426	CM 25	Large Leaf Spearmint	Mentha spicata L.	1597 b-e	1.03	
000451	CM 28	Egyptian Mint	<i>Mentha</i> x v <i>illosa</i> Hudson	1993 b-e	1.40	
000469	CM 29	Hortelã Caseira	Mentha spicata L.	1175 с-е	1.38	

 $^{1}$  CM = Mint Collection

<sup>2</sup>Plant identification according to Dr. Art Tucker, Dellaware State University, USA

#### **RESULT AND DISCUSSION**

This is the first report on Mentha spp. volatile oils cultivated at Federal District, Brazil and allowed us to identify some potential genotypes, based on agronomic (Grizi et al. 2003) and chemical traits. The genotypes CM1, CM5, CM7, CM8, CM10, CM11, CM13 and CM16 showed the higher yield of leaf dry weight, with no significant difference among them (Table 1). Around 67% of the accessions presented an essential oil content higher than 1%, reaching the commercial standards (Correia, et al., 1994). The highest volatile oil content (relative percentage of dry weight basis) was found in Mentha canadensis CM 20 (4.17%), Mentha piperita CM7 (2.83%) and CM5 Mentha canadensis (2.03%) genotypes. CM 20 genotype has showed the highest amount of menthol content, although it showed a low dry weight when comparing to the other accessions (Grizi et al. 2003). This study was performed during the dry season under poor fertilized soil. Since mint requires high fertilized soils and water, these results can be significantly improved during rainy season. No pulegone was found in both accessions of M. canadensis. However, Tucker and Chambers (2002) found most of the clones of Mentha canadensis had high pulegone, although menthol and menthone were also predominant constituents.

Mentha aquatica genotypes "Lime Mint" and "Orange Mint" presented the higher leaf yield. Mentha aquatica genotypes have showed different oil constituents profiles. CM 1 ("Lime Mint") has presented 43.6% of limonene, CM 18 ("Common Mint") 68.8% of piperitenone oxide, CM 19 ("Lavander Mint") 44.7% of linalool and CM 13 ("Orange Mint") 35% de linalool. In Alessandra et al. (1997), Mentha aquatica cultivated in Italy showed low percentage of linalool and a high presence of menthofuran, 1,8-cinole, limonene and viridiflorol, as main constituents. Murray (1973) found a high percentage of menthofuran, cineole and caryophillene. These samples have not shown piperitone oxide as "Lavender Mint" showed in District Federal Brazil.

Among *Mentha piperita* genotypes, "Grapefruit" and "Eau de Cologne" presented the highest leaf yield productivity and essential oil content. These genotypes have mainly linalool and linalyl acetate, as major constituent. The highest amount of menthol was found in *Mentha piperita* varieties

		M. a quatica				M. can adensis		M. x villosa		M. suavelons	
Volatile Oil Constituents <sup>a</sup>	RT	CM1	CM13	CM 18	CM19	CM5	CM20	CM2	CM28	CM4	CM10 <sup>b</sup>
Limonene	10,12	43,6±2,26	8,1±7,87	1,3±2,28			1,6±0,49	9,6±2,35	14,2 <u>±</u> 0,98	1,6±0,58	7,7±2,21
1,8-cineole	10,19	16,5+2,08	3,1+5,36	5,3+6,24	3,4+1,13	6,2+0,80		3,4+0,89	3,7+0,32		5,9+0,71
Linalool	13,13		35,3±8,88		44,7±3,76					0,9±1,13	3,7±1,83
Menthone	15,57						19,3 <u>+</u> 1,77				
Neom enthol <sup>C</sup>	15,99										
lsomenthol <sup>C</sup>	16 <i>p</i> 8										
Menthol	16,58				2,1±1,57		65,0±2,79				
Dihydro carvon e	17,34							2,9±0,30	2,3 <u>±</u> 2,01		19,1±3,06
Pulegone	19,29										
Carvone	19,48	1,6±1,01		6,5 <u>±</u> 3,55	0,7±0,66			72,1±4,88	57,8±6,96	3,8±2,52	10,1±1,19
Aperitone	20,07					22,9+4,49	1,7+0,07	2,3+0 D5			
Linal yl Acetate	20,24		34,8±10,25		33,7±3,58					0,4 <u>±</u> 0,72	1,0±1,07
Menthyl Acetate	22,17			0,7 <u>+</u> 1,24			4,2 <u>+</u> 0,13				
Dihydrocarwyl Acetate	23,60								1,1±0,54		14,7±1,86
Aperitenone Oxide	25 <i>D</i> 6			68,8 <u>+</u> 9,67						79,0 <u>±</u> 3,08	

**TABLE 2.** Major volatile oils constituents (relative percentage of essential oil) in Mint species (Mentha ssp.) growing at Federal District, Brazil.

<sup>a</sup> only volatile oil contituents higher than 10% of total oitl are reportede here.

<sup>b</sup> possible hybrid between *M. suave olens* x *M. aquatica.* 

° preliminary identification.

Table	2.	(Cont.)	
-------	----	---------	--

Volatile Oil Constituents <sup>a</sup>			1	VI. x piperit	M. arvensis	M. spicata					
	CM3	CM7	CM8	CM9	CM11	CM 16	CM23	CM24	CM17	CM29	CM25
limonene	1,0±0,18			2,1±0,05	4,3±0,22					7,5+2,10	5,8±1,09
1,8-cineole	4,3+0,78			12+123	14,7+1,06	50,6+6,85	3,7+0,36	0,8+1,12	10,8+0,78		6,5+1,24
Linalool	1,5±1,51	46,4±3,04	15,2±11,61		1,2±0,09			78,5±1,65	5,2±4,07	1,2+1,25	1,5±1,37
Menthone	20,6+6,10			15,2+2,40	5,2+0,38		11,4+1,51				
Neomenthol <sup>C</sup>	4,7±0,95			5,9±0,45	1,2±0,18		1,9±0,38		0,7±0,61		1,9±0,17
lsomenthol <sup>c</sup>	5,3+0,27						5,7+0,36				
Menthol	38 ,D±3,04			43,2 <u>±</u> 0,25	1,9±0,20		43,0±3,63				1,0 <u>+</u> 0,37
Dihydro carvone										2,1+1,73	1,3+0,07
Pulegone				22+029		11,1+1,06	1,4+0,60				
Carvone	16,2 <u>±</u> 0,14				30,5±2,68	0,9±0,26		3,2 <u>+</u> 2,39	2,3±0,40	70,9+0,77	64,0±5,55
Aperitone				1,3+0,23							
Linalyl Acetate		41,4±1,45	19,4±15,02						1,5±1,37		
Menthyl Acetate	14,0 <u>+</u> 1,06			19,6 <u>+</u> 0,40	4,2 <u>+</u> 0,97		19,8 <u>+</u> 3,95				
Dihydro carvyl Acetate										1,7+1,13	1,1±0,21
Riperiten one Oxide			0,5 <u>+</u> 0,44					0,5 <u>+</u> 0,75	65,5 <u>+</u> 5,91		0,5 <u>+</u> 0,85

<sup>a</sup> only volatile oil contituents higher than 10% of total oitl are reportede here.

<sup>b</sup> possible hybrid between *M. suave olens* x *M. aquatica.* 

° preliminary identification.

"Chocolate Mint" (38.0 %), "Variegated Peppermint" (43.2%), "Peppermint" (43.0 %) and *Mentha canadensis* variety "Japanese Field Mint" (65.0 %). Among the other varieties of *Mentha piperita*, "Green Curly Mint" presented 30.5 % of carvone, and "Persian Mint Field" 50.6 % of 1,8-cineole.

The varieties of *Mentha villosa* CM 2 ("Apple Mint") and CM 28 ("Egyptian Mint") has presented, respectively, 72.1 % and 57.8 % of carvone. "Egyptian Mint" presented the highest leaf production in District Federal region.

The varieties of *Mentha spicata* CM 17 ("Menthol Mint GH") has presented high content of piperitenone oxide (65.5 %), and CM 25 ("Large Leaf Spearmint") and CM 29 ("Hortelã caseira") showed 64.0% and 70.9% of carvone, respectively. The CM 29 genotype is largely used in Brazilian-Arabian culinary and also as a phytomedicine. Soliman et al. (1997) found a high amount of pulegone (42.54) and 1,8-cineole (13.45) in *Mentha spicata* from Cairo University.

*Mentha suavelons* ("Pineapple Mint") presented low amount of essential oil and 79% of piperitone oxide.

The *Mentha arvense* genotype CM 24 ("Ginger Mint") showed higher linalool content (78.5%), and the lowest leaf produtivity and essential oil content.

A further study of each species at rainy

season will be conducted to better understand the mint essential oil production at Brasilia environmental conditions.

### REFERENCE

- ALESSANDRA, B.; GUIDO, F.; LUIGI, C. P.; GUIDO, S.; EMILIO, T. P. Variability of Essential Oil Composition fo *Mentha aquatica* spp. *aquatica* Collected in Two Different Habitats of North Tuscany, Italy. Journal of Essential Oil Research 9, 455-457, 1997.
- BAUER, K.; GARBE, D.; SURBURG, H. Common Fragrance and Flavor Materials, 3rd ed. Weinhein: Wiley-VCH, 1997, 278 pp.
- CLARK, G.S. Menthol. **Perfumer and Flavorist,** 23, 5, 3346, 1998.
- CORREIA JUNIOR, C.; MING, L. C.; SCHEFFER, M. C. Hortelã. In: CORREIA JUNIOR, C.; MING, L. C.; SCHEFFER, M. C. Cultivo de Plantas medicinais e aromáticas. 2<sup>a</sup> ed. Jaboticabal: FUNEP, 1994. p101-102.
- CZEPAK, M. P. Produção de Óleo Bruto e Mentol Cristalizável em Oito Frequências de Colheita da Menta (*Mentha arvensis* L.). In: MING, L.C. (coord.), SCHEFFER, M. C., JÚNIOR CORRÊA, C., BARROS, I. B. I., MATTOS, J K. A. Plantas Medicinais Aromáticas e Condimentares: Avanços na pesquisa agronômica. v.2. Botucatu: UNESP,1998. p.53-80.

GRISI, M.C.M. Avaliação de Genótipos de Menta

(*Mentha* spp) nas Condições do Distrito Federal, Brasil. Brasília: Universidade de Brasília (Monografia de conclusão do curso de Agronomia), 2003. 27p.

MAIA, N. B. Efeito da Nutrição Mineral na Qualidade do Óleo Essencial da Menta (*Mentha arvensis* L.) Cultivada em Solução Nutritiva. In: MING, L.C. (coord.), SCHEFFER, M.C., JÚNIOR CORRÊA, C., BARROS, I.B.I., MATTOS, J.K. Plantas Medicinais Aromáticas e Condimentares: Avanços na pesquisa agronômica. v.2. Botucatu: UNESP,1998. p. 81-95.

MURRAY, M. J., HEFENDEHL, F.W. Changes in

Monoterpene Composition of *Mentha aquatica* Produced By Gene Substituition from a High Limonene Strain of *M. citrata.* Phytochemistry. Vol. 12, 1875-1880, 1973

- SOLIMAN, F. M.; EL-SOHLY, M. A.; FATHY, M. M.; EL-SAKHAWY, F. S. Egypt Journal Pharmacy Science. 38, № 4-6, 553-564, 1997.
- TUCKER, A. O.; CHAMBERS, H. L. *Mentha canadensis* L. (Lamiaceae): a relict amphidiploid from the Lower Tertiary. Taxon 51: 703-718, 2002.
- WINDHOLZ, M. (ed) **The Merck Index**. New Jersey: Merck & Co., 1983.